

Psalm 77 Questions for Growth Groups

Redeemer Church 10/2/25

In your experience, what kinds of situations have people faced, where they turn to God for help?
(if no-one can think of anything: e.g. a health diagnosis, a death in the family, a relationship bust up etc).

What might people do when they have been crying out to him, but there seems to be no answer?

This Psalm knows that situation and feeling and helps us.

Pray and Read Ps 77 and give your first reaction to it.

1. Asaph's distress causes him to ask questions about God in vv7-9.
How much detail do we have about his situation?
How big are his questions in v7-9? What is he saying here about God?
2. Asaph moves from his personal experience in v1-9. He turns in v10-18 to what?
What kind of deeds? Are there particular deeds he recalls (in v16-20)?
3. What is God really like, according to his deeds in history (see esp v20)
4. What is the same for Asaph's experience and the exodus (eg v7-9, compare v19).
(God's rejecting him? God's abandoning him? with his footprints not seen
= God seems absent when he is not absent).
5. What does he see about God's character that was true in the Exodus,
that helps him in his present distress?
(God isn't seen, but he was AND IS still a shepherd for his people)
6. Does recognising God as a shepherd, take away his current problems?
[prob not].
7. How then does it help address his anguished questions of v7-9?
8. What are we to do in our distress according to this Psalm?
Does God remove every problem from his people? Why not?
(We're not always told why not, but we do our best to trust him as the good shepherd that He is)
9. What is the thing NOT to do when we face unrelieved problems? Why?
(We ought not to read his character off our circumstances; neither should we give up on Him. He was and is the good shepherd)

Pray in response – including that we'll be able to do what this Psalm models, as we face distress.